



15th Century Crop Availability Throughout the Year



All crops marked with (*) were available to the poor.

Those marked (**) were available to Yeomen and those of Lower Class within a Rich Household.

The crops that are not marked were generally only available for the Rich and Nobility.

All crops in **Red** are from Storage or Preserved

Generally the poor classes ate only what they could grow (root crops and leaf crops) and maybe, the odd grain crop. This could often be traded for labour.

Yeomen, Tenant Farmers and Tradesmen could purchase imported food stuffs or food grown elsewhere within the local area.

Notes:





15th Century Crop Availability Throughout the Year



Jan	Feb	March	April	May	June
Almonds**	Almonds**	Almonds**	Almonds**	Almonds**	Almonds**
Apple*	Apple*	Apple*	Apple*	Apple*	Apple*
Barley*	Barley*	Barley*	Barley*	Asparagus	Asparagus
Broad Bean*	Broad Bean*	Broad Bean*	Broad Bean*	Barley*	Barley*
Beetroot*	Beetroot*	Beetroot*	Beetroot*	Broad Bean*	Broad Bean*
Broccoli*	Broccoli*	Broccoli*	Broccoli*	Beetroot*	Beetroot*
Cabbage*	Cabbage*	Cabbage*	Cabbage*	Cabbage*	Cabbage*
Carrots*	Carrots*	Carrots*	Carrots*	Carrots*	Carrots*
Corn salad*	Corn salad*	Corn salad*	Corn salad*	Corn salad*	Corn salad*
Dates**	Dates**	Dates**	Dates**	Dates**	Dates**
Figs**	Figs**	Figs**	Figs**	Figs **	Figs**
Garlic*	Garlic*	Garlic*	Garlic*	Garlic*	Good King Henry*
Grapes(raisins)**	Grapes (raisins)**	Grapes (raisins)**	Good King Henry*	Good King Henry*	Gooseberry*
Hazel Nut*	Hazel Nut*	Hazel Nut*	Grapes (raisins)**	Grapes (raisins)**	Grapes(raisins)**
Kale*	Kale*	Kale*	Hazel Nut*	Hazel Nut*	Hazel Nut*
Leafbeet*	Leafbeet*	Leafbeet*	Kale*	Leaf beet*	Leaf beet*
Lemon + (juice)**	Lemon + (juice)**	Lemon + (juice)**	Leafbeet*	Leeks*	Leeks*
Medlar**	Medlar**	Medlar**	Lemon + (juice)**	Lemon + (juice)**	Lemon + (juice)**
Oats*	Oats*	Oats*	Medlar **	Lettuce*	Lettuce*
Onion*	Onion*	Onion*	Oats*	Medlar**	Medlar**
Orange + (juice)	Orange + (juice)	Orange + (juice)	Onion*	Oats*	Oats*
Parsnips*	Parsnips*	Parsnips*	Orange + (juice)	Onion*	Onion*
Pea*	Pea*	Pea *	Parsnips*	Orange + (juice)	Orange + (juice)
Pear*	Pear*	Pear*	Pea*	Pear*	Pea *
Pine nuts**	Pine nuts**	Pine nuts**	Pear*	Peas*	Pear*
Pistachio Nuts	Pistachio Nuts	Pistachio Nuts	Pine nuts**	Pine nuts**	Pine nuts**
Pomegranate	Pomegranate	Pomegranate	Pistachio Nuts	Pistachio Nuts	Pistachio Nuts
Purslane*	Purslane*	Purslane*	Pomegranate	Pomegranate	Pomegranate
Quince**	Quince**	Quince**	Quince**	Quince**	Quince**
Rice-long grain	Rice-long grain	Rice-long grain	Rice-long grain	Radish*	Radish*
Rice-short grain**	Rice-short grain**	Rice-short grain**	Rice-short grain**	Rice-long grain	Rice-long grain
Rye*	Rye*	Rye*	Rye*	Rice-short grain**	Rice-short grain**
Salsify*	Salsify*	Salsify*	Salsify*	Rye*	Rye*
Shallots*	Shallots*	Shallots*	Shallots*	Salsify*	Salsify*
Skirret*	Skirret*	Skirret*	Skirret*	Skirret*	Shallots*
Spinach*	Spinach*	Spinach*	Spinach*	Spinach*	Skirret*
Sweet chestnut**	Sweet chestnut**	Sweet chestnut**	Sweet-chestnut**	Sweet chestnut**	Spinach*
Turnips*	Turnips*	Turnips*	Turnips*	Turnips*	Strawberry*
Walnuts**	Walnuts**	Walnuts**	Walnuts**	Walnuts**	Sweet chestnut**
Wheat**	Wheat**	Wheat**	Wheat**	Wheat**	Turnips*
					Walnuts**
					Wheat**





15th Century Crop Availability Throughout the Year



July	August	September	October	November	December
Almonds**	Almonds**	Almonds**	Almonds**	Almonds**	Almonds**
Apple*	Apple *	Apple *	Apple*	Apple*	Apple*
Barley*	Apricot	Apricot*	Barley*	Barley*	Barley*
Blackberry *	Barley*	Barley*	Beetroot*	Beetroot*	Beetroot*
Blackcurrant *	Beetroot*	Beetroot*	Broad Beans*	Broad Bean*	Broad Bean*
Broad bean *	Blackberry*	Blackberry*	Broccoli*	Broccoli*	Broccoli*
Cabbage *	Blackcurrant*	Broad bean*	Cabbage *	Cabbage *	Brussel sprouts*
Carrots*	Broad bean*	Broccoli*	Carrot*	Carrot*	Cabbage *
Cauliflower*	Broccoli*	Cabbage*	Cauliflower	Celery*	Carrot*
Celery*	Cabbage*	Carrot*	Celery*	Dates(fresh)**	Corn salad*
Cherry *	Carrots *	Cauliflower*	chestnut*	Grapes**	Date **
Cucumber*	Cauliflower *	Celery*	Corn salad *	Hazel Nut*	Fig**
Dates	Celery*	Corn salad *	Dates(fresh)	Kale*	Grapes(raisins)**
Fig	Cherry*	Cucumber*	Good King Henry*	Leaf beet*	Hazel Nut*
Good King Henry*	Corn salad*	Dates (fresh)	Grapes	Lemon + (juice)**	Kale*
Gooseberry*	Cucumber*	Figs (fresh)	Hazel Nut*	Medlar**	Leaf beet*
Grapes(raisins)	Figs (fresh)	Good King-Henry*	Leafbeet*	Oats*	Lemon + (juice)**
Hazel Nut*	Good King Henry*	Grapes (fresh)	Lemon+(juice)	Onion*	Medlar **
Leaf beet*	Gooseberry*	Hazel Nut*	Lettuce*	Orange + (juice)	Oats*
Lemon+(juice)	Grapes(raisins)	Leaf beet*	Medlar**	Pea*	Onion*
Lettuce*	Hazel Nut*	Lemon + (juice)	Oats*	Pear*	Orange + (juice)
Medlar	Leafbeet *	Oats*	Onion*	Pine nuts**	Pea*
Oats*	Lemon+(juice)	Onion*	Orange + (juice)	Pistachio Nuts	Pear*
Onion*	Lettuce*	Orange + (juice)	Pea*	Pomegranate	Pine nuts**
Orange + (juice)	Oats*	Pea*	Pear *	Pomegranate	Pistachio
Pea *	Onions*	Peach	Pine nuts**	Purslane*	Pomegranate**
Peach	Orange + (juice)	Pear*	Pistachio nuts	Quince**	Purslane*
Pear	Pea*	Pine nuts**	Pomegranate	Radish-winter *	Quince**
Pine nuts**	Peach	Pistachio Nuts	Purslane*	Rice-long grain	Rice-long grain
Pistachio Nuts	Pear*	Plum*	Quince**	Rice-short grain**	Radish-winter *
Plum*	Pine nuts**	Pomegranate	Radish*	Rye*	Rice-short grain**
Plum*	Pistachio	Purslane *	Radish-winter *	Salsify *	Rye*
Pomegranate	Plum*	Radish*	Rice-long grain	Shallot*	Salsify*
Radish*	Pomegranate	Raspberry *	Rice-short grain**	Skirret*	Shallot*
Red current*	Radish*	Rice-long grain	Rye*	Spinach*	Skirret*
Rice-long grain	Raspberry*	Rice-short grain**	Salsify*	Sweet chestnut* *	Spinach*
Rice-short grain**	Redcurrant*	Rye*	Skirret*	Walnuts**	Sweet chestnut**
Rye*	Rice-long grain	Spinach*	Spinach*	Wheat**	Turnip*
Spinach*	Rice-short grain**	Sweet chestnut**	Sweet Chestnut**		Walnuts**
Strawberry*	Rye*	Turnips*	Turnips*		Wheat**
Sweet chestnut**	Shallots*	Walnuts**	Walnuts**		
Turnips*	Spinach*	Wheat**	Wheat**		
Walnuts**	Strawberry*				
Wheat**	Sweet Chestnut**				
	Turnips*				
	Walnuts**				
	Wheat**				

